

SOUND HEALING WORKSHOP

with **Shanti Rahal**

Shanti Rahal is a Sound Alchemist. She has been using Sound for Healing, including Tibetan Singing Bowls etc. for the past 40 years, all around Australia. Re align your body's vibration, improve mental and emotional wellbeing.

Feel free and joyous again.

Vibrational Sounds have been used as a valuable treatment for depression, anxiety, sleep disorders, aches and pains.

Scientific medical studies are discovering that the sound vibrations of Dolphins, Tibetan Bowls and choirs have a profound healing effect. The sounds of the rings of Uranus are identical to those produced by Tibetan bowls.



WHEN: Sunday 2nd July 2022

WHERE: 6/40 Torquay Rd. Pialba

TIME: 9.30 a.m. - 3 p. m.

RING: Shanti on 0412 704 498

COST: \$ 50 (\$45 Pensioners, Discounts)

If you book before Tue 28th June, you will receive a \$ 5 discount.
Wear loose clothing, bring pen and paper and some shared lunch.